

## Your Consecrated Family

Entrusted to *shed light upon the earth in these days of dense darkness.* (371h)

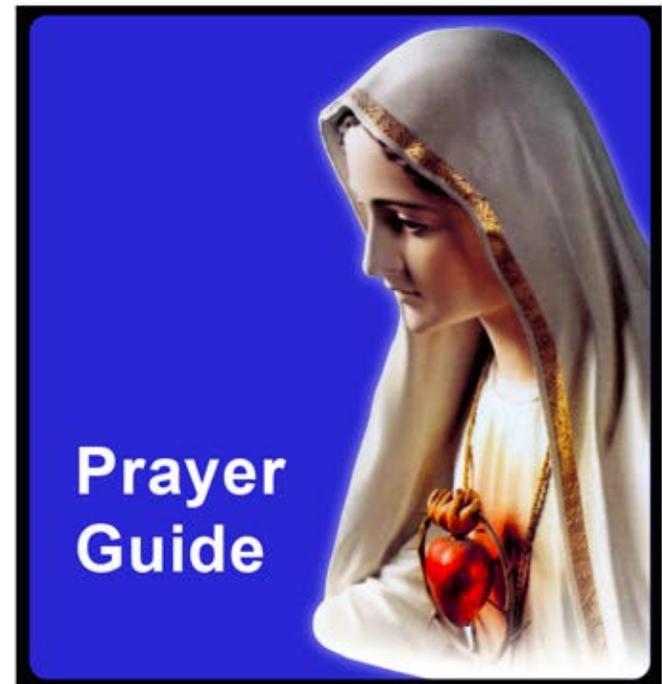


*“You are the light of the world. A town built on a hill cannot be hidden. Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven.”*  
- Matthew 5:13-16.

*“Multiply, in every part of the world, the cenacles of prayer which I have asked of you, like torches lit in the night, like sure point of reference, like shelters needed and sought for.”* (417K)

# MARIAN FAMILY CENACLES

Gathered in Prayer with the Heavenly Mother



## COME HOLY SPIRIT, I NEED YOU

### **Refrain:**

Come, Holy Spirit, I need you,  
Come, Holy Spirit, I pray  
Come in your strength and your power,  
Come in your own gentle way.

1. Come as a wisdom to children,  
Come as new sight to the blind  
Come, Lord, as strength to my weakness,  
Take me, soul, body and mind. (Ref.)
2. Come as a rest to the weary,  
Come as a balm for the sore.  
Come as a dew to my dryness,  
Fill me with joy ever more. (Ref.)
3. Come like a spring in the desert,  
Come to the withered of soul  
O let your sweet healing power,  
Touch me and make me whole. (Ref.)



### **Entrustment of the Home to Mary Help of Christians**

Most Holy Virgin Mary, appointed by God to be the Help of Christians, we choose you as the Mother and Protectress of our home.

We ask you to favor us with your powerful protection. Preserve our home from every danger; from fire, flood, lightning, storms, earthquakes, thieves, vandals, and from every other danger.

Bless us, protect us, defend us, keep us as your own, all the people who dwell in this home. Protect them from all accidents and misfortunes, but above all obtain for them the most important grace of avoiding sin.

Mary, Help of Christians pray for all those who live in this home which is entrusted to you.

## Prayers to the Five Wounds of Jesus

To the wounds in your right hand.  
In the name of the Father, the Son and the Holy Spirit.

To the wounds in your left hand.  
In the name of the Father, the Son and the Holy Spirit.

To the wounds in your right foot.  
In the name of the Father, the Son and the Holy Spirit.

To the wounds in your left foot  
In the name of the Father, the Son and the Holy Spirit.

To the wounds in your side.  
In the name of the Father, the Son and the Holy Spirit

### Anima Christi (Soul of Christ)

Soul of Christ, sanctify me.  
Body of Christ, save me.  
Blood of Christ, inebriate me.  
Water from the side of Christ, wash me.  
Passion of Christ, strengthen me.  
Oh, good Jesus, hear me.  
Within Thy wounds, hide me.  
Permit me not to be separated from Thee.  
From the malignant enemy, defend me.  
In the hour of my death, call me.  
And bid me come unto Thee.

That I may praise Thee with Thy saints.  
Now and forever! Amen

*The host family who receives the crucifix for the first time recites the above prayers together. Every member takes turn in reciting each line (To the wounds....) with the crucifix placed on his/her heart and will make the sign of the cross with the crucifix.*

*The 5-Wounds prayer could also be included in in the morning and evening prayers.*

## BRING FLOWERS OF THE RAREST

### Refrain:

O Mary, we crown thee with blossoms today!  
Queen of the Angels and Queen of the May.  
O Mary, we crown thee with blossoms today,  
Queen of the Angels and Queen of the May.

1. Bring flowers of the rarest, bring blossoms the fairest,  
From garden and woodland and hillside and dale.  
Our full hearts are swelling, our glad voices telling  
The praise of the loveliest flower of the vale! (Ref.)
2. Their lady they name thee, their mistress proclaim thee,  
Ah, grant that thy children on earth be as true as long as the  
bowers are radiant with flowers, as long as the azure shall keep  
its bright hue. (Ref.)
3. Sing gaily in chorus; the bright angels o'er us  
re-echo the strains we begin upon earth;  
their harps are repeating the notes of our greeting,  
for Mary herself is the cause of our mirth. (Ref.)

### SPIRIT SONG

1. O let the Son of God enfold you  
With His Spirit and His love  
Let Him fill your heart and satisfy your soul  
O let Him have the things that hold you  
And His Spirit like a dove  
Will descend upon your life and make you whole. (Ref)

### Refrain.

Jesus, O Jesus  
Come and fill Your lambs  
Jesus, O Jesus  
Come and fill Your lambs

2. O come and sing this song with gladness  
As your hearts are filled with joy  
Lift your hands in sweet surrender to His name  
O give Him all your tears and sadness  
Give Him all your years of pain  
And you'll enter into life in Jesus' name. (Ref)

Advocate and loving Mother,  
Mediatix of all grace!  
Heaven's blessings she dispenses,  
On our sinful human race.

All our graces flow through Mary;  
All then join her praise to sing:  
Fairest work of all creation,  
Mother of creation's King.

Sing in songs of peace unending,  
Call upon her lovingly:  
Seat of wisdom, Gate of heaven,  
Morning star upon the sea.

### **HAIL MARY, GENTLE WOMAN**

Hail Mary, full of grace, the Lord is with you.  
Blessed are you among women  
and blest is the fruit of your womb, Jesus.

Holy Mary, Mother of God,  
Pray for us sinners now  
and at the hour of death. Amen.

### **Refrain:**

Gentle woman, quiet light,  
Morning star, so strong and bright,  
Gentle Mother, peaceful dove,  
Teach us wisdom; teach us love.

1. You were chosen by the Father.  
You were chosen for the Son.  
You were chosen from all women,  
And for woman, shining one. (Ref.)
2. Blessed are you among women.  
Blest in turn all women, too.  
Blessed they with peaceful spirits.  
Blessed they with gentle hearts. (Ref.)

## **BASIC CENACLE FORMAT**

### **I. The Sign of the Cross.**

*In the name of the Father, and of the Son, and of the Holy Spirit. Amen.*

### **II. Prayer to the Holy Spirit**

“Holy Spirit, be with us today. Be our teacher, our guide, our counselor, and our friend. Fill us with your gifts, especially the gifts of wisdom, discernment, knowledge, understanding, compassion, love and awe in God’s presence. In all that we think, say and do, let it be in accordance with your most holy and perfect will. We ask this in Jesus’ Name. **Amen.**”

### **III. Binding Prayer**

With this rosary I bind my children, all the children of the world especially the unborn children to the Immaculate Heart of Mary.

### **IV. The Rosary**

*Meditation on the Mysteries: You may select Rosary meditations from those included in the booklet. (Pages 24–38 and M2-M30 found in the Meditation Guide), or any other meditation of your choice.*

## **Prayers for Praying the Rosary**

### **The Apostle's Creed**

I believe in God, the Father Almighty, Creator of Heaven and earth; and in Jesus Christ, His only Son, Our Lord, Who was conceived by the Holy Spirit, born of the Virgin Mary, He suffered under Pontius Pilate, was crucified; died, and was buried. He descended into hell; on the third day He rose again from the dead; He ascended into Heaven, seated at the right hand of God, the Father Almighty; from there He will come to judge the living and the dead.

I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. **Amen.**

### **Our Father**

Our Father,+Who art in Heaven,+ hallowed be Thy name;+Thy Kingdom come,+ Thy will be done + on earth as it is in Heaven.

Give us this day + our daily bread; + and forgive us our trespasses + as we forgive those who trespass against us; + and lead us not into temptation, + but deliver us from evil. **Amen.**

### **Hail Mary**

Hail Mary,+ full of grace. + The Lord is with thee. + Blessed art thou amongst women, + and blessed is the fruit of thy womb,+ Jesus.

Holy Mary, Mother of God, + pray for us sinners, now + and at the hour of our death. **Amen.**

### **Glory Be**

Glory be to the Father, + and to the Son, +and to the Holy Spirit, + as it was in the beginning,+ is now, and ever shall be,+ world without end. **Amen**

### **Prayers after each decade**

O my Jesus, forgive us our sins, save us from the fires of hell and lead all souls to heaven, especially those most in need of Your Mercy.

Come Holy Spirit, come by means of the powerful intercession of the Immaculate Heart of Mary, Your well-beloved spouse.

O Sacrament Most Holy, O Sacrament Divine, All Praise and all thanksgiving, be every moment thine. Be every moment thine. (may be sung)

### **Prayers after the Rosary**

**Hail Holy Queen, Mother of Mercy,** hail our life, our sweetness and our hope, to thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then most gracious Advocate, Thine eyes of mercy towards us, and after this, our exile, show unto us the blessed fruit of Thy womb, Jesus, O clement, O loving, O sweet Virgin Mary!

**Leader: Pray for us, O holy Mother of God.**

*Response: That we may be made worthy of the promises of Christ.*

Glory be to God the Father.

Glory be to God the Son.

Glory be to God the Spirit.

Glory to the Three in One.

### **OUR LADY OF FATIMA**

1. Dear Lady of Fatima,  
We come on bended knee.  
To beg your intercession  
For peace and unity.  
Dear Mary won't you show us  
The right and shining way.  
We pledge our love and offer you,  
A rosary each day.
2. You promised at Fatima  
Each time that you appeared,  
To help us if we pray to you  
To banish war and fear.  
Dear Lady on first Saturdays  
We ask your guiding hand,  
For grace and guidance here on earth  
And protection for our land.

### **DAILY, DAILY SING TO MARY**

Daily, daily sing to Mary.

Sing with you her praises due!

All her feasts, her actions honor,

With the heart's devotion true.

Lost in wond'ring contemplation,

Be her majesty confessed!

Call her Mother, call her Virgin,

Happy Mother Virgin blest!

She is mighty in her pleading,

Tender in her loving care;

Ever watchful, understanding,

All our sorrows she will share.

## IMMACULATE MARY

### **Refrain:**

Ave, Ave, Ave Maria!

Ave, Ave, Ave Maria!

1. Immaculate Mary  
Your praises we sing,  
You reign now in splendor  
With Jesus our King. (Ref.)
2. In heaven the blessed  
Your glory proclaim  
On earth we your children  
Invoke your sweet name. (Ref.)
3. We pray for the Church,  
Our true Mother on earth.  
And bless, Holy Mary,  
The land of our birth. (Ref.)

### SING OF MARY

Sing of Mary, pure and lowly.

Virgin mother, undefiled.

Sing of God's own Son, Most Holy,  
Who became her little child.

Fairest child of fairest mother  
God the LORD, Who came to earth:  
Word made flesh, our very brother,  
Takes our nature by His birth.

Sing of Jesus, son of Mary.  
In the home at Nazareth  
Toil and labour cannot weary  
Love enduring unto death.

Constant was the love He gave her  
Though He went forth from her side:  
Forth to preach and heal and suffer,  
Till on Calvary He died.

### **Let us pray –**

O God, whose only begotten Son, by His life, death and resurrection has purchased for us the rewards of eternal life, grant, we beseech Thee, that meditating upon these mysteries of the most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain, and obtain what they promise, through the same Christ our Lord. Amen.

### **Prayer to St. Michael –**

St. Michael, the Archangel, defend us in battle. Be our defense against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do you, O Prince of the heavenly host, by the power of God, cast into hell Satan and all the other evil spirits who prowl about the world seeking the ruin of souls. Amen.

### **V. Prayers for the Pope**

*One “Our Father”, one “Hail Mary”, and one “Glory Be...”*

### **VI. Reading and Meditation on a message from the book, “To the Priests...”**

*- Moment of Silent Reflection -*

### **VII. Act of Consecration to the Immaculate Heart of Mary (for Religious and Laity)**

Virgin of Fatima, Mother of Mercy, Queen of Heaven and Earth, Refuge of Sinners, we who belong to the Marian Movement, consecrate ourselves in a very special way to your Immaculate Heart.

By this act of consecration, we intend to live, with you and through you, all the obligations assumed by our baptismal consecration. We further pledge to bring about in ourselves that interior conversion so urgently demanded by the Gospel, a conversion that will free us of every attachment to ourselves and to easy compromises with the world so that, like You, we may be available only to do always the will of the Father.

And as we resolve to entrust to you, O Mother most sweet and merciful, our life and vocation as Christians, that you may dispose of

it according to your designs of salvation in this hour of decision that weighs upon the world, we pledge to live it according to your desires, especially as it pertains to a renewed spirit of prayer and penance, the fervent participation in the celebration of the Eucharist and in the works of the apostolate, the daily recitation of the Holy Rosary, and an austere manner of life in keeping with the Gospel, that shall be to all a good example of the observance of the law of God and the practice of the Christian virtues especially that of purity.

We further promise you to be united with the Holy Father, with the hierarchy and with our priests, in order thus to set up a barrier to the growing confrontation directed against the Magisterium, that threatens the very foundation of the Church.

Under your protection, we want moreover to be apostles of this sorely needed unity of prayer and love for the Pope, on whom we invoke your special protection. And lastly, insofar as is possible, we promise to lead those souls with whom we come in contact to a renewed devotion to you.

Mindful that atheism has caused shipwreck in the faith to a great number of the faithful, that desecration has entered into the holy temple of God, and that evil and sin are spreading more and more throughout the world, we make so bold as to lift our eyes trustingly to you, O Mother of Jesus and our merciful and powerful Mother, and we invoke again today and await from you the salvation of all your children, O clement, O loving, O sweet Virgin Mary.

**Act of consecration to the most Blessed Virgin Mary  
(For Young People)**

Virgin of Fatima, my dearly beloved Mother, I who belong to the Marian Movement of Priests, Consecrate myself today, in a very special way, to your Immaculate Heart.

By this solemn act, I offer my whole life to you; my heart, my soul, my body and especially this time of my youth in which I am now living.

Guide me along the way that Jesus has traced out for us: the way of love, of goodness and of sanctity.

**HAIL HOLY QUEEN**

Hail, holy Queen, enthroned above, O Maria!  
Hail, Mother of Mercy and of Love, O Maria!

O Gate of Life, we honor thee, O Maria!  
Our joy, our hope, and Heaven's key, O Maria!

O Mary, hasten with thine aid, O Maria!  
Most gentle, loving, joyous Maid, O Maria!

And when our life on earth is done, O Maria!  
Then show us Christ, thy holy Son, O Maria!

**Refrain:**

Triumph, all ye Cherubim,  
Sing with us, ye Seraphim,  
Heav'n and earth resound the hymn:  
Salve, Salve, Salve Regina!

**HAIL QUEEN OF HEAVEN**

Hail, Queen of Heav'n the Ocean Star!  
Guide of the wanderer here below!  
Thrown on life's surge we claim thy care,  
Save us from peril and from woe.  
Mother of Christ! Star of the Sea!  
Pray for the wanderer, pray for me.

O gentle, chaste and spotless Maid,  
We sinners send our prayers through thee;  
Remind thy Son that He has paid,  
The price of our iniquity.

Virgin most pure, Star of the Sea,  
Pray for the sinner, pray for me.  
And while to Him who reigns above  
In Godhead one, in Persons three,

The source of life, of grace, of love,  
Homage we pay on bended knee,  
Do thou, O Queen, star of the sea,  
Pray for thy children, pray for me.

## **MOTHER DEAREST, MOTHER FAIREST**

Mother dearest, Mother fairest,  
Help of all who call on thee.  
Virgin purest, brightest, rarest  
Help us, help, we cry to thee.

Lady, help in pain and sorrow,  
Soothe those racked on beds of pain.  
May the golden light of morrow  
Bring them health and joy again.

### **Refrain:**

Mary, help us, help, we pray.  
Mary, help us, help, we pray  
Help us in all care and sorrow.  
Mary, help us, help, we pray.

## **ON THIS DAY, O BEAUTIFUL MOTHER**

### **Refrain:**

On this day, O beautiful Mother,  
On this day, we give thee our love.  
Near thee, Madonna, fondly we hover,  
Trusting thy gentle care to prove

1. On this day we ask to share,  
Dearest Mother thy sweet care;  
Aid us ere our feet astray.  
Wander from thy guiding way.
2. Queen of angels, deign to hear  
Lisping children's humble prayer;  
Young hearts gain, O Virgin pure,  
Sweetly to thyself allure.

Help me to flee from sin, from evil and from egoism, and to resist temptations to violence, to impurity and to drugs.

I promise you to go to confession often and to receive Jesus into my heart as my spiritual food of life, to observe the commandments of God, to walk along the road of love and of purity, and to recite the holy rosary daily.

I want you to be a witness of unity by my great love for the Pope, for my bishop and for my priests.

I love you, O sweetest Mother of mine, and I offer you my youth for the triumph of your Immaculate Heart in the world.

## **VIII. Closing Songs**

*Pages 8 – 16*

### **IX. Blessing of Mary Help of Christians**

Leader: Our help is in the name of the Lord.

Response: Who made heaven and earth.  
Hail Mary, etc.

Antiphon: We fly to your patronage, O holy Mother of God.  
Despise not our petitions in our needs, but deliver us always from all dangers, O glorious and blessed Virgin.

Leader: Mary, Help of Christians.

Response: Pray for us.

Leader: O Lord, hear our prayer.

Response: And let our cry come unto you.

Leader: The Lord be with you.

Response: And with your spirit.

### **Let us pray:**

Almighty and everlasting God, who, by the cooperation of the Holy Spirit, made ready the body and soul of the glorious Virgin Mother Mary to be a fitting dwelling for your Son. Grant that we who

rejoice in her memory may be freed from the evils, which threaten us, and from eternal death by her prayers. We ask this through Christ, our Lord. Amen.

Leader: May the divine assistance remain always with us.

Response: And may the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

Leader: And may the blessing of Almighty God, Father, Son and Holy Spirit descend upon us and remain with us forever.

Response: Amen.

## HYMNS

### COME HOLY GHOST

Come, Holy Ghost, Creator blest,  
And in our hearts take up Thy rest.  
Come with Thy grace and heav'nly aid,  
To fill the hearts which Thou hast made.  
To fill the hearts which Thou hast made.

Thou Comforter, to Thee we cry.  
Thou Gift of God sent from on high,  
Thou Fount of life and Fire of love,  
And sweet anointing from above.  
And sweet anointing from above.

### AVE MARIA

As I kneel before you.  
As I bow my head in pray'r.  
Take this day, make it yours,  
And fill me with your love.

#### **Refrain:**

Ave, Maria, Gratia plena,  
Dominus tecum, benedictatu.

All I have I give you,  
Ev'ry dream and wish are yours.  
Mother of Christ, Mother of mine,  
Present them to my Lord. (Ref.)

As I kneel before you,  
And I see your smiling face,  
Ev'ry thought, ev'ry word  
Is lost in your embrace. (Ref.)

### MOTHER DEAR, O PRAY FOR ME

Mother dear, O pray for me!  
While far from heaven and thee.  
I wander in a fragile bark,  
O'er life's tempestuous sea.  
O Virgin Mother, from your throne;  
So bright in bliss above.

Protect your child and cheer my path,  
With your sweet smile of love.

#### **Refrain:**

Mother dear, remember me.  
And never cease your care.  
Till in heaven eternally,  
Your love and bliss I share.

Mother dear, O pray for me!  
Should pleasure's siren lay.

E'er tempt your child to wander far  
From virtue's path away.

When thorns beset life's devious way,  
And darkling waters flow.  
Then Mary aid your weeping child,  
Yourself a mother show. (Ref.)