

Approved Blessing of the Medal and Crucifix of St. Benedict

The medals of Saint Benedict are sacramental that may be blessed legitimately by any priest or deacon- - not necessarily a Benedictine (Instr., 26 Sept. 1964; Can. 1168). The following English form may be used.

The medal of St. Benedict is one of the oldest and most highly honoured medals used by the Church. Because of the extraordinary numbers of miraculous occurrences, both physical and spiritual attributed to this medal, it became popularly known as the “devil-chasing medal.”

This medal among the other medals is especially effective against evil spirits due to the fact that this is the only medal that has an exorcism prayer inscribed into it.

Exorcism of the Medals

V Priest: Our help is in the name of the Lord

R: Who made heaven and earth.

V: I purge you medals of evil by God (†) the Father Almighty, Creator of Heaven and earth and of the sea and all that they contain. O every power of the adversary, every cohort of the devil, every attack and appearance of Satan – get thee out of these medals and fly afar! Any may they become for all who will use them a help for body and soul, in the name of the Father (†) Almighty, in the name of Jesus (†) Christ, His Son our Lord, in the name of the Holy (†) Spirit , the Paraclete, and in the love of the self same Lord Jesus Christ, Who shall come to judge the living and the dead and the world of fire.

R: Amen.

Blessing of the Medals

V: Almighty God, lavish Dispenser of every good, we thy suppliants pray that, by the intercession of St. Benedict, thou wouldst pour out thy blessing (†) on these sacred medals inscribed with letters and symbols appointed by thee. Let all who will wear them with minds intent on good works deserve to obtain health of body and spirit, the grace of making progress in holiness, as well as the indulgences which have been granted. And may they escape by thy merciful help every onslaught and fraud of the devil, and finally stand before thee sinless and holy Through Christ our Lord.

R: Amen.

(The priest sprinkles the medals with holy water)

(If the medals are inscribed in the crucifix, the crucifix is blessed as well according to the prayer blessing of the Crucifix)

V: Our help is in the name of the Lord.

R: Who made heaven and earth.

V: In the name of God the Father † Almighty, Who made heaven and earth, the sea and all that is in them, I exorcise these medals (crucifixes) against the power and attacks of the evil one. May all who use these medals devoutly be blessed with health of soul and body. In the name of the Father † Almighty, of His Son † Jesus Christ our Lord, and of the Holy † Spirit the Paraclete, and in the love of the same Lord Jesus Christ Who will come on the last day to judge the living and the dead.

R: Amen.

V: Let us pray. Almighty God, the boundless Source of

all good things, we humbly ask that, through the intercession of St. Benedict, you pour out your blessings † upon these medals (crucifixes). May those who use them devoutly and earnestly strive to perform good works be blessed by you with health of soul and body, the grace of a holy life, and remission of temporal punishment due to sin.

May they also, with the help of your merciful love, resist the temptations of the evil one and strive to exercise true charity and justice toward all, so that one day they may appear sinless and holy in Thy sight. This we ask through Christ our Lord.

R: Amen

(The priest sprinkles the medals with holy water)